




## Newsletter

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## Protected Learning Time (PLT)

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### Clinical PLT event on 21-Feb-2024

A productive Respiratory Clinical PLT session was held in February, with an attendance of 310 clinicians across Lambeth. Many found the session very informative and were very satisfied with the information provided.

### Non-Clinical PLT event on 21-Feb-2024

Successful and interactive Digital PLT took place on the 21<sup>st</sup> of February 2024, covering Accurx, a walkthrough of the NHS App, an update from DA language line and a short presentation from Healthwatch with over 200 in attendance and some positive feedback received.

### Upcoming PLT Dates

**8-May-2024** All PCN Practices:

**Clinicians** – [Book your online space for the Sexual and Reproductive Health session](#)

**Non-clinical staff** – [Register for the 'Mental Health Matters' PLT session](#)

**04-June-2024** North Lambeth PCN, Stockwellbeing PCN, Fiveways PCN

**11-June-2024** HBD Group PCN, Croxted PCN, Brixton & Clapham PCN

**18-June-2024** Streatham PCN, AT Medics Streatham PCN, Clapham PCN

A full list of PLT dates can be found on  <https://www.selwdh.co.uk/localities/lambeth/plt>

If you would like to be involved in putting on a borough PLT complete an [expression of interest form](#)



Scan to access the EoI form for PLTs

### Practice Manager's (PM) Forum

The PM Forum was re-launched at their Conference on Wednesday the 27<sup>th</sup> of March 2024 and was a success with the support of the Lambeth Together Training and Development Hub. Shelly Spencer, Thomassina Learmond and Paula Marsden were able to present on the current projects being carried out by the Training Hub as well as sharing useful resources and highlighting the newly re-vamped SEL Training hub web page - <https://www.selwdh.co.uk/>



## Clinical Update

### New support for Nursing



We are delighted to welcome our new borough support lead for Nursing Associates - Muyiwa Akinwale - [muyiwa.akinwale@nhs.net](mailto:muyiwa.akinwale@nhs.net). Muyiwa's role is to help increase numbers of Nursing Associates in Lambeth and offer support to those in training and beyond.

We have recruited two new PCN Nurse Facilitators - Amber Price ([amber.price@nhs.net](mailto:amber.price@nhs.net)) - for Fiveways PCN and Julie Meireles ([julie.meireles@nhs.net](mailto:julie.meireles@nhs.net)) for Clapham and Brixton PCN.

### PCN Educator Lead – Annual Quality Assurance

Our PCN educational leads are completing the annual quality assurance form for your PCN – please support them as they fill it in. They will need to know your last 'peer assessment of teaching'. We have been informed by the Primary Care Dean that this can be light touch, done either in your PCN multi-professional meetings or in a trainers workshop as part of calibration and peer feedback and done annually.

### South East London (SEL) Educator Conference 2024

SEL Educator conference is on the 30th April, and there are places remaining for this multi-professional day.

**Please book your space on**  
<https://events.eventzilla.net/e/sel-annual-educators-conference-2138609744>

### GP Educator course – September 2024

There are places for the next GP educator course starting in September (11 sessions on Microsoft Teams) – please contact South East London Workforce Development Hub to express an interest – you need to be two years post CCT, working five sessions with space in the practice for a learner (GP retainers unfortunately cannot apply). This course means you can be allocated a Foundation doctor or GP Trainee supervisor. Please contact [quality@seltraininghub.co.uk](mailto:quality@seltraininghub.co.uk) to express an interest.

There are also places for a future multi-professional educators course and pharmacy supervisors course again please contact [quality@seltraininghub.co.uk](mailto:quality@seltraininghub.co.uk)

### Lambeth Together HealthStart Programme

We are piloting our first sessions for our mentorship programme for local students who are interested in applying to medical school in April. We hope to recruit some more schools in the near future and are looking forward to expanding this to other healthcare roles moving forwards.

We are also developing a virtual work experience programme for local secondary school students who are interested in the various roles in primary care. This should be up and running later this year.





## Events & Workshops

### Hypertension Management Event for Pharmacists

Join the upcoming hypertension management event for Pharmacists on **Thursday 23rd May, from 2:30pm to 6:00pm at West Norwood Health and Leisure Centre, 25 Devane Way, Norwood, London, SE27 0DF**. Hypertension management will play an important role in this year's long term conditions scheme as well as in QOF.

We plan to cover on the day:

- Hypertension the basics
- Diagnosing hypertension
- How to treat hypertension
- Hypertension red flags
- How to set up a hypertension clinic at your surgery
- Q&A on common challenges with hypertension reviews

To attend, please contact Jignesh Sangani at [j.sangani@nhs.net](mailto:j.sangani@nhs.net)

### 'Feeling Better at Work' workshops

Performing Medicine are offering free light touch workshops as part of a pilot programme commissioned by Dulwich Picture Gallery (DPG) on the afternoon of **Thursday the 23<sup>rd</sup> of May, 2:00pm to 4:00pm or 3:00pm to 5:00pm at the Tessa Jowell Health Centre**. This is a creative programme curated to support NHS staff to 'Feel Better at Work'.

Activities will include:

- **CIRCLE OF CARE with Performing Medicine** – in this practical session consider how you deliver compassionate care, to look after yourself and others
- **FLORILEGIUM with Amy Shelton** - create a beautiful mounted botanical card using herbarium techniques to connect to the natural environment
- **SOME HANDS TO HOLD YOU with Sheila Ghelani** - create a locket-style memento to reflect on your relationship to time and consider the spaces you hold for reflection and rest
- **MONUMENTS TO THE HEALTH CENTRE with Tim Spooner** - create a mini-sculpture, looking deeper at the objects and materials that make up your working environment

To book a place, register your interest here: <https://podio.com/webforms/29577366/2437078>

### Did you know?



The South East London Workforce Development Hub provides career support and training for all primary care staff. Clinicians can register to join weekly webinars on a range of clinical subjects. You can sign up for webinars and training online by visiting the [SELWDH Education and Training page](#).

