

CINDY OKTAVIA, M.D

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PROFESSIONAL SUMMARY

General Practitioner experienced in Emergency Medicine, Primary Care, medical education, and clinical research. Experienced in managing acute medical conditions and trauma while contributing to medical student education. Passionate about cardiology, orthopedic and evidence-based medicine, and delivering high-quality patient-centered care.

PROFESSIONAL EXPERIENCE

General Practitioner,
Internship Program

Sept 2024 – 2025

Emergency Department - RSU HAJI MEDAN

- Provided emergency medical care for patients with acute illnesses, trauma, and life-threatening conditions.
- Performed initial stabilization and emergency procedures in accordance with evidence-based clinical guidelines.

Primary Health Care - PKM SERING

- Performed outpatient medical procedures and coordinated referrals to secondary healthcare facilities when indicated.
- Collaborated with multidisciplinary healthcare professionals to promote community health and improve patient outcomes.

International Clinical Clerkship - Chennai, India

Ministry of Education and Cultures (DIKTI)

Jul 2022 – Dec 2023

- Participated in International Transfer Credit program for medical internship (CoAss) in Chennai Tamil Nadu India, focusing on Pediatric, General Medicine and ENT

TEACHING EXPERIENCE

Anatomy Teaching Assistant - Medan

Jan 2019 – 2022

Anatomy department, FK UMSU

- Mentored students in anatomy learning and examination preparation.
- Assisted faculty members in delivering anatomy practical sessions and tutorials for medical students.
- Managed to assist 2 batches of medical students struggling with Anatomy.

Pre-Clinical Tutor,

UKDI Corner

- Mentored students in anatomy learning and examination preparation.
- Guided medical students in preparing for block examinations by reviewing key concepts and practice questions.

EDUCATION

Bachelor of Medicine (S.Ked)

Feb 2022

Universitas Muhammadiyah Sumatera Utara

Doctor of Medicine (M.D.)

May 2024

Universitas Muhammadiyah Sumatera Utara

Graduated Summa Cum Laude
GPA 3.94 of 4.00

ACHIEVEMENTS

Gold Medalist MOFU FK UMSU <i>Musculoskeletal branch</i>	2020
Gold Medalist MOFU FK UMSU <i>Musculoskeletal branch</i>	2021
Gold Medalist Regional Medical Olympiad FK UNSYIAH <i>Musculoskeletal branch</i>	2021
1st place Mini Medical Olympiad <i>Musculoskeletal branch</i>	2021
Bronze Medalist Regional Medical Olympiad 2020 FK USU <i>Musculoskeletal branch</i>	2020
Bronze Medalist National Medical Online Championship <i>Musculoskeletal branch</i>	2020

RESEARCH EXPERIENCE

Factors Predicting Mortality in COVID-19 Patients with Cardiovascular Comorbidity	May 2022
• Conducted a retrospective observational study to identify factors associated with mortality among COVID-19 patients with cardiovascular comorbidities. • Performed data collection, statistical analysis, and interpretation of research findings. • Completed an undergraduate thesis in partial fulfillment of the Bachelor of Medicine degree requirements.	

CERTIFICATIONS

Clinical Certification

ADVANCED CARDIAC LIFE SUPPORT	Oct 2025
ADVANCED TRAUMA LIFE SUPPORT	Dec 2025

Professional Development

ISMKI segment speaker musculoskeletal disorders	Jun 2023
Transfer Credit International Medical Science Chennai India	May 2023
Growth and Development of Children in Malaysia and South ASIA:	Mar 2022
Mechanical Ventilation for Covid 19 (Harvard University)	Jan 2021
How to Diagnose Orthopedic Tumor & Pediatric Congenital Talipes Equinovarus	Dec 2020

LANGUAGES AND SKILLS

- Bahasa Indonesia (Native), English (Professional Working Proficiency)
- Decision Making, Teamwork, Critical thinking, Analytical Thinking, Mentoring and Coaching, Strong Work Ethic, Public Speaking