

# FEEDBACK 360 DEGREES



THE COACHING MASTERS

# FEEDBACK 360 DEGREES

1. How do you think your co-workers or colleagues at the same hierarchical level see you?

2. How do you believe that people who have less purchasing power than you (lower cultural and professional background; lower social class than you) see you?

3. How do you believe your subordinates or collaborators see you?

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4. How do you believe that people who have greater purchasing power than you see you?

5. What impact do you have on these people who are metaphorically at a higher level than you?

6. How do you believe your superior (director, partner, major client, sees you)?

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7. How do you believe that people who are very close to you, who are close to you or in your relationship see you? (husband, wife, fiancé, boyfriend, best friend)

8. What types of children do you live with?  
(Children or someone in place of your child(ren), in-laws, nephews, children in your building, or on your block, or whom you meet occasionally)  
How do you believe they see you?

9. What is family for you?  
When I say family which people do you specifically remember? How do you believe each of them see you?

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10. How do you believe your friends see you?

11. What do you believe people think of you when they first meet you?

12. What is the impact you have on the first contact with people?

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13. In view of all this reflective process and the 360° Feedback proposal, as I would like to be seen by other people:

In the personal field:

In the professional field:

In the spiritual field:

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## TASKS

**What?**

What do you think you need to do from today until our next session that can get you closer to your goal?

**When?**

Set a deadline for each established action

**Commitment**

what is your degree of commitment from 0 to 10 to accomplish what you proposed?

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