

OPEN SESSION



THE COACHING MASTERS

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Accelerating Engagement with the Coachee

Name: _____

What were the 3 best moments of your life? (Moments that would be told in his biography)

What were the 3 moments worse of your life? (Moments that became remarkable in your history and influenced who you are today)

Is there anything else that you believe is very important that you would like to share with me now?

If you could go back to just ONE of these SIX moments to relive with joy or do something different (resignify something), which moment would you go back to?

Celebration Resignification

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Celebration

What positive feelings did you experience at that time? What positive behaviors have you had in that time?

Resignification

1. What would you do differently?

2. What stopped you from taking this attitude?

3. What was your positive intention at that moment? or (What was the positive intention of the other party at that time?)