In vitro propagation technique of medicinal plants, a review

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المستخلص:

تحتوي النباتات الطبية على مواد ثانوية فعالة مثل مضادات الأكسدة ومضادات السرطان ومضادات الالتهابات ومضادات الجراثيم والميكروبات. الطلب المتزايد على المنتجات الطبية بالإضافة إلى الزيادة السكانية والتجارة غير المشروعة هي مؤشرات إلى استنزاف العديد من النباتات الطبية، والكثير منها مهدد بالانقراض في مواقعها الطبيعية. التكاثر في المختبر هو أداة التكنولوجيا الحيوية التي تحل هذه المشكلة. أظهرت ممارسات زراعة الأنسجة أن ثلاثة عوامل هي اختيار النبات والوسط الغذائي والتحكم في البيئة المادية، مهمة في نجاح الزراعة. مجموعة من التقنيات لنمو وتكاثر الخلايا والأنسجة والأعضاء النباتية باستخدام المغذيات العضوية في بيئة معقمة وخاضعة للرقابة. لكل نوع نبات ظروفه المختلفة في الزراعة المخبرية والحفاظ عليها في المزرعة أو تجديد النباتات السليمة من الخلايا المستنبتة. تستعرض هذه الدراسة تقنية التكاثر الدقيق في المختبر عن طريق إنتاج كميات هائلة بواسطة التغرع، التجدير والتأقلم.

الكلمات المفتاحية: زراعة الأنسجة، الإكثار الدقيق، الموائل الطبيعية، التكاثر والتأقلم.

Abstract:

Medicinal plants contain active secondary substances such as antioxidant, anticancer, anti-inflammatory, antibacterial and anti-microbial. The increasing demand for medicinal products in addition to the increase in populace and unlawful trade are indications to the reduction of several medicinal plants, many of which are threatened with extinction in their natural sites.

In vitro propagation is a biotechnological tool that solution to this problem. Tissue culture practices have shown that three factors namely explant choice, medium composition and control of the physical environment, are important in successful cultures. A set of techniques for the growth and reproduction of plant cells, tissues and organs using organic nutrients in a controlled and sterile environment. Each plant type has its own different conditions for initiating and maintaining plant cells in culture or regenerating healthy plants from cultured cells. This Study reviews in vitro micropropagation techniques by an achieving mass production by in vitro multiplication, rooting and acclimatization.

Keywords: *Tissue culture, in vitro, micropropagation, natural habitat, multiplication and acclimatization.*

Introduction:

Medicinal plants are plants that are generally and safely used for persons in the treatment of some diseases. In the past two decades, importance in medicinal plants has increased because of their health benefits in terms of safety and cost compared to synthetic drugs. (Thomford *et al.*, 2018; Anand *et al.*, 2019).

In all world civilizations, medicinal plants have played a large role in health care. Although the total number of flora in the world is not yet certain. However, the proportion of medicinal plants in the world does not exceed 10 % (Schippmann *et al.*, 2006). The estimate of the World Health Organization (Bannerman, 1982). Most of the rural population in the world, about 80%, chances its needs for main health carefulness from alternative medicine (Yuan *et al.*, 2016). Most of the world's population depends on medicinal plants because of their medicinal substances (Tripathi and Tripathi, 2003). Furthermore, More than 50% of the medicinal plants in the world are included in the red list and this is scary (Paunescu, 2009). Medicinal plants are used in many industries such as (drugs, make-ups, and flavoring) and others because they contain high-value materials, and therefore the demand for them is increasing. (Suneetha and Chandrakandh, 2006).

The World Health Organization (WHO) recorded that a large number of the world's population, especially the countryside, depend on medicinal herbs for their primary treatment (Vines, 2004).

Plants are the main source in the pharmaceutical industry, whether direct way or conversely. (Rout *et al.*, 2000). Because Manufacturing these chemical compounds is difficult, not easy, and economically unpracticable (Oksman-caldentey and Inze, 2004). Moreover, a large number of medicinal plants that contain secondary compounds that are valuable are threatened extinction with increased demand (Edwards, 2004). In addition, consumption of herbal medicines is widely spread and increasing.

Therefore, the reason for the decline in plant genetic resources and the loss of natural habitats for medicinal plants is random collecting in large quantities. High-demand plants face great challenges, and still today the world suffers from this problem (Kumari and Priva, 2020). Conversion of land into industrial area, over-collecting, urbanization, pollution, habitat destruction and degradation, and climate change are the leading causing a decline of total plant genetic resources (PGR) (McCune et al., 2013). Because there is no regulations to preserve these valuable plants from extinction, are needed to increasing the mass production of medicinal plant by in vitro propagation techniques. In vitro culture techniques are now necessary for the production of disease-free plants, rapid multiplication of rare plant genotypes, plant genome transformation, obtaining transgenic plants, breaking dormancy and production of plant-derived metabolites of important commercial value (Sedaghati et al., 2019; Debnarh et al., 2006; Altpeter et al., 2016). In addition, the cultivation of medicinal plants is the most effective way of addressing the gap between supply and demand (Wang, et al., 2020). Plant tissue culture technique have great industrial importance in plant propagation, conservation of plant resources as well as the creation of secondary metabolites. This techniques deals new and sustainable opportunities in solving numerous problems in the field of medicinal plant breeding and conservation biology (Chandana, et al., 2018; Chandana, et al., 2020). Also by tissue culture techniques, it will be easier to produce high number of plant independently off season, weather, or climatic conditions, and without the effect of disease and pests or soil

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problems. Moreover, it reduces land labor (Pierik, 1997). Plant tissue culture has been utilized for the last decade. Many protocols have been developed for many crops, shrubs, cut flowers and forest trees (George et al., 2008; Pierik, 1997). in vitro cultivation of all plant parts, like cell, tissue, and organ for multiplication by using nutrient solutions in an aseptic and controlled environment (Ahmad et al., 2013; Shatnawi et al., 2011; Staden et al., 2008 ;Victor, et al., 2006). Some examples of culture types in plant tissue culture are meristematic cells, somatic cells, pollen grains, vegetative cells or undifferentiated cells (callus) (George, 1993). Simple screening of plantlets by tissue culture provides unique opportunity for studying many features of plant development and improvement under optimal conditions. (George et al., 2008; Honda et al., 2001; Shatnawi et al., 2006). Therefore, tissue culture techniques became widely used for many plant species (Pierik, 1997; Shatnawi et al., 2004). One of the goals of plant tissue culture technique is the speed of reproduction in a short time. Addition to producing plants identical to the mother plant (true to type). (George et al., 2008; Hofman et al., 2002; Shatnawi et al., 2007; Staden et al., 2008). The greatest potentials for tissue culture are the selection of agronomical desirable characteristics, increasing yield, disease resistance, water stress and salt tolerance, as well as conservation of genetic resources (Hofman et al., 2002; Pierik, 1997; Shatnawi et al., 2006). Plant tissue culture techniques are considered the most effective methods for propagating high number of plant species (George et al., 2008). Tissue culture enables mass propagation of uniform plants and overcomes the problems of propagation. Hundreds or even thousands of rooted plants will be successfully acclimatized from a few plant materials in a short time. Different levels of various plant growth regulators (PGRs) were used in the previous studies to induce proliferation and rooting in vitro for some medicinal plants (Al- Qudah et al., 2011; Evenor and Reuveni, 2004; Mostafa et al., 2010; Musallam et al., 2011; Owies et al., 2009).

1- Micropropagation:

Micropropagation in vitro is technology fast grow elite plants using new plant tissue culture approaches. Which it is famous for its requests in the agro, horticultural and forestry industries (Li et al., 2010). Micropropagation is carried out from plant tissues grown in fields and nurseries using different tissue culture techniques on sterile nutrient media containing different growth regulators and controlled environment (Pierik, 1997). The organogenesis is usually direct the safer way for multiplication of clonal, true-to-type plants (Sandhu et al, 2018). In vitro propagation of medicinal plants has been documented such as using shoot tips/ axillary buds via organogenesis (Rout et al., 2000), production of adventitious shoot (Thomas and Yoichiro, 2009) and somatic embryogenesis (Omar et al., 2004). Micropropagation is considered to be easier and rapid for herbaceous plants than woody species (Schwarz and Beaty ,1996). In conventional cultivation many plant seeds do not germinate, flower and produce seed under certain climatic conditions or have long periods of growth and multiplication. Micropropagation assures a sure source of medicinal plants, using lowest space and time (Prakash and Van Staden, 2007). Micropropagation practices have been evolve for many essential species of medicinal plants such as Swertia chiravita, Cathranthus roseus, Panax, Stevia rebaudiana, Artemisia annua-aremisin, Elettaria cardamomum, Allium chinense, Camellia sinensis, and so on. (Pradhan et al., 2013).

The success of the *in vitro* propagation technique depends on some important characteristics such as genotype, medium, plant growth regulators and type of explants (Kim *et al.*, 2017). But still all possible types of explants and hormonal combinations have not been exploited to develop more various and efficient protocols. *In vitro* propagation is more rapid than *in vivo* for many horticultural crops (Schwarz and Beaty, 1996). In addition *in vitro* culture can give virus and disease-free plants (Pierik, 1997).

Little starting material is needed when *in vitro* techniques is used to give thousands or even millions of genetically identical plants from single or few mother stocks (Furmanowa and Olszowska, 1992; Tamura *et al.*, 1993). Currently, a large number of protocols are available for the micropropagation of medicinal plants (Debnarh *et al.* 2006; Rizvi and Kukreja 2010; Sarasan *et al.* 2011; Kaul *et al.* 2013; Kun-Hua *et al.* 2013; Bhattecheryya *et al.* 2014; Chen *et al.* 2014; Atanasov *et al.* 2015; Younes, *et al.*, 2015; Al-Qudah *et al.*, 2011), as well as some commercially important plants, such as *Agave salmiana* (Puente- Garza *et al.* 2017), artichoke (Pandino *et al.* 2017), *Stevia rebaudiana* (Ramírez-Mosqueda *et al.* 2016) and *Moringa oleifera* (drumstick tree) (Juan-jie *et al.* 2017). The technology of micropropagation is generally goes through various stages such as choice of mother plant, beginning of explants, subculture of explants for multiplying, shooting, rooting, and Acclimatization.

1.1 Plant Materials:

Micropropagation start with the selection of plant tissue (explants) from a young, healthy mother plant. From the point of view of true-to-type propagation, explant choice is very important. Meristems or shoot tips (dormant or actively growing buds) can be used as explants due to their genetic stability. Several explants sources were selected in the establishment phase of the medicinal plants, The survival of explants depends on their rate of microbial contamination and of explant browning, which pertain not only to the explants used for culture initiation but also to the physiological stage of mother plants and to the season when explants are collected

(Werner and Boem, 1980; Yepes and Aldwinckle, 1994). Seeds were used as starting material in establishing *in vitro Origanium vulgar* (Arafeh, 1999), *Amygdalus communis* (Shibli *et al.*, 1998), *Salvia fruticosa* (Arikat *et al.*, 2004), *Achillea fragrantissima* (Younes *et al.*, 2015), *Teucrium polium L* (Al-Qudah *et al.*, 2011). But in case of *Coffee arabica* (Ebrahim *et al.*, 2007) zygotic embryos were used. Other plant starting materials were used *in vitro*; like shoot tips, lateral buds, primordial leaves explants inoculated on medium with appropriate supplements of the required growth regulatore uses to give shoot regeneration of some endangered medicinal plant (Guo *et al.*, 2007). Furthermore, apical and axillary meristems and single node cuttings were used for *Coffee arabica* (Ebrahim *et al.*, 2007). *In vitro* propagation may also be achieved by somatic embryogenesis and cell suspension culture with some important medicinal plants (Shibli *et al.*, 2012).

Tissue culture success mainly depends on the age, types and position of explants (Gamborg *et al.*, 1976). Because all plans have not equal Totipotency. Large size explants can increase chances of contamination and small explants (meristems) can show virus free (Fowler *et al.*, 1993; Staba and Seabrook 1980). Meristem culture were utilized to obtain virus-free plants by culturing. To increase the probability of success, the mother

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plant should be *ex-vitro* cultivated under optimal condition to minimize contamination in the *in-vitro* culture.

1.2 Surface Sterilization:

Microbial contamination is a very common problem in plant tissue culture (Fowler et al., 1993). For this reason explants is surface sterilized by different reagents then transferred into nutrient medium usually. Sterilization of explants is one of the major steps for successful in vitro micropropagation. Explants cleaned by distilled water and sterilized agents like calcium hypochlorite, sodium hypochlorite, ethanol, mercuric chloride, hydrogen peroxide, or silver nitrate are for sterilization (Mihaljevic et al., 2013). The selection of sterilizing agent depends on the type of explants depending on the morphological characteristics like hardness and softness of the tissue (Yadav and Singh, 2011). Contamination it is considered more rapid in woody species than herbaceous plants (Niedz and Bausher, 2002; Das and Pal, 2005). Sterilization of laboratory tools carried out by autoclaving, alcohol washing, baking, radiations, flaming and fumigation. A great decrease in bacterial contamination was seen by using an ultrasonic sonicator (Monge et al., 2008). Sources of in vitro contamination include culture containers, media, explants, tools, the environment of the culture room and transfer area, and operating personnel. The success of propagation in vitro mostly depends on the external steriliz of explants because this is critical, also, there are microorganisms that grow on the surface of the plant more rapidly than cultured plants.

Microbial contamination is one challenge facing plant tissue culture practices. (Leifert *et al.*, 1994; Kim *et al.*, 2017). Wide range of microbes are found on the surface of plants, and these grow faster than the cultured explants. Explant contamination is connected to various causes such as basis of explants and location (Singh *et al.*, 2011). The most common problem of micropropagation suffers is pollution of all kinds, whether bacterial or fungal.

1.3 Media Composition:

Seeds and vegetative explants have been used on different types of media with different PGRs. Several types of medium formulation were identified as suitable for medicin plants in tissue culture. Basic nutrient basal media that are most frequently applicable and used include (Murashige and Skoog, 1962) medium is commonly used, Other media used are Gamborg (B5; Gamborg, *et al.*, 1968), (LS; Linsmaier and Skoog, 1965) and (NN; Nitsch and Nitsch, 1969)., (SH; Schenk and Hildebrandt 1972), Woody plant medium (WPM; Lloyd and McCown, 1981), W medium (White, 1963).

In 1962, Murshige and Skoog were able to formulate a revised medium for culturing *Nicotiana tabacum* callus (Vasil and Vasil, 1972), *Salvia fruticosa* Mill (Arikat *et al.*, 2004), *Ceratonia siliqua* (Naghmouchi *et al.*, 2008), *Morus alba* (Anis *et al.*, 2003) and *Coffea Arabica* (Ebrahim, *et al.*, 2007). *Thymus vulgaries* was established on (NN) medium (Tamura, 1993). While modified MS medium (MMS) was used in seed germination and establishment of *Origanium vulgare* (Borovec, 1988). In general, Medium contains a macro and micro nutrients and vitamins dissolved in distilled water with carbon source 3% sucrose, solidified with 0.8% Agar powder is not essential media component but is used as gelling agent (Bhojwani and Razdan 1996; Rayns *et al.*, 1993). It prevents death of cultured cells due to submerging and lack of oxygen in liquid

medium. The pH was adjusted to 5.8 before adding the agar, followed by autoclave sterilization at 121°C for 20 min. The pH of the medium was adjusted to 5.7 with 0.1M NaOH or 0.1M HCl after the addition of growth regulators, prior to the addition agar. The medium was autoclaved at 121°C, for 20 min. All the cultures were maintained in sterilized culture room at 26 ± 2 °C, under 16/8h light regime provided by cool white fluorescent light (60µmol-2s-1 light intensity) and with 55 - 60% relative humidity (Bhojwani and Razdan 1996).

1-4 In Vitro shoot proliferation:

Shoot formation is promoted by light, temperature, culture medium, PGRs, explant type, and physiological development of tissue used (Pierik, 1997). In many cases it is possible to place explants directly on a medium that will encourage shoot multiplication, but cultures of some species are best initiated with different PGRs that are required for shoot formation (George, *et al.*, 2008). Multiplication rates depend on species, cultivar, auxin /cytokinin ratio and explant type (Iqbal *et al.*, 1999).

For successful plant tissue culture first shoots are formed by culture of explants or callus on media containing PGRs (mainly cytokinin but sometimes auxins also). Different types and concentrations of cytokinin such as 6-Benzylamino-purine (BA), 6-Furfurylaminopurine (kinetin), zeatin, Thidiazuron (TDZ) and6-(gamma,gamma-Dimethylallylamino) purine (2ip), are used for shoot formation.

Ali *et al.*, (2010) reported that maximum shoot multiplication *in vitro* was obtained on MS medium supplimented with 1.0 mg /L BA in *Stevia rebaudiana*. Also, Bipasha *et al.*, (2010) achieved *in vitro* clonal propagation of *Wedelia chinensis* on MS medium containing (2.0 mg/L BA +1.0 mg/L IAA) for shoot elongation while they used MS medium supplemented with (1.5 mg/L BA+ 0.5 mg/L Gibberellic Acid (GA₃) for shoot proliferation. Maximum proliferation rate in *Achillea filipendulina* was obtained on MS medium supplemented with 1.0 mg/L IAA plus 2.0 mg/L BA (Evenor and Reuveni, 2004). The highest proliferation rate in *Arbutus andrachne* L. was obtained on MS medium complemented with 2.0 mg/L zeatin (Mostafa *et al.*, 2010). The best result proliferation of *Achillea fragrantissima* was achieved while used MS medium complemented with 1.2 mg/L kinetin (Younes *et al.*, 2015).

In *Senecio macrophyllus* shoot proliferation rate was highest when explants were cultured on MS medium supplemented with 4.4 μ M BA in combination with 0.54 μ M 1-Naphthaleneacetic acid (NAA) (Trejgell *et al.*, 2010). Kinetin was found to be more efficient cytokinins used to induce proliferation in different plant species (Bouhouche and Ksiksi, 2003) while BA and kinetin was found to be more efficient cytokinins used to induce proliferation rate in *Origanium syriacum* (Arafeh *et al.*, 2003).

There are many reported on the benefits and problems associated with *in vitro* multiplication of medicinal plants (Bajaj, 1993). Most known species studied were Mentha spp. (Cellarova, 1992), *Origanium syriacum* (Arafeh *et al.*, 2003), *Origanium vulgar* (Borovec, 1988), *Salvia fruticosa* (Arikat *et al.*, 2004), *Coffea arabica* (Ebrahim *et al.*, 2007), *Teucrium polium* (Al-Qudah, *et al.*, 2011), wild *cyclamen* (Al-Majathoub and Karam, 2006), *Gundelia tournefortii* (Owies *et al.*, 2009), *Achillea fragrantissima* (Younes *et al.*, 2015) and *Artemisia herba alba* (Shatnawi, 2011). *Artemisia herba-alba* (Shibli, *et al.*, 2018). Different levels of various cytokinins are being used in previous

studies to induce proliferation, a cytokinin is required and applied either alone or combined with small amounts of auxin (Kahia and Owuor, 1990). Each treatment consisted of five replicates (flasks), with four explant / replicate. Cultures were incubated at growth room and kept under a regime of 16- hr. light, 8- hr. dark and $24 \pm 1^{\circ}$ C. Data was collected after 4 weeks from culture such as: number of shoots/ explant, shoot height, callus Formation and rooting percentage.

1.5 In vitro rooting:

Auxins are main agent in *in vitro* rooting stage as they driving the signal transduction alleyway in plant cells into transferred to roots (Taiz and Zeiger, 2002).

Root formation after producing healthy shoots, plantlets transferred to different media for root formation. Auxins such as Indole-3-butyric acid (IBA), naphthaleneacetic acid (NAA) or Indole-3-acetic acid (IAA) are mainly used in root induction and their effect varies with type and concentration used in different plant species (Pierik, 1997; Swamy *et al.*, 2002) . NAA and IBA are most commonly used anxins (Bhojwani, and Razdan, 1996). Different levels of various rooting growth regulators were used in the previous studies to induce rooting. There are many reported associated with *in vitro* rooting of medicinal plants. Most known species studied are *Arbutus andrachne* (Mostafa *et al.*, 2010) reported that, The maximum rooting was obtained with 1.0 mg /L NAA. While, *Capparis spinosa* (Musallam, *et al.*, 2011) the highest number of roots was obtained at 5.0 mg/L IAA on 1/2 MS media.

Ali *et al.*, (2010) found best *in vitro* rooting was reported on MS medium containing 1.0 mg /L NAA of *Stevia rebaudiana*, in *Senecio macrophyllus* rooting was achieved on full- and half-strength MS medium without auxin (Trejgell *et al.*, 2010). In *Origanium syriacum* the maximum number of roots was obtained on MS medium supplement with 0.8 mg/L IAA (Arafeh *et al.*, 2003). In *Salvia fruticosa* Mill root formation was completely inhibited on MS medium free of auxins or containing high concentrations of IAA, NAA, or IBA, highest roots number were obtained at 0.5 mg/L IBA or 0.5 mg/L IAA (Arikat *et al.*, 2004). With 20 replicates (test tube) per treatment and one explant / replicate. Cultures were incubated at growth chamber and saved under a system of 16- hr. light, 8- hr. dark and $24 \pm 1^{\circ}$ C. Data was collected after 4 weeks from culture such as: rooting percentage, number of roots/ explant, root height and callus formation.

1.6 Ex Vitro Acclimatization:

Acclimatization is the final, but necessary, step in all micropropagation schemes (Van-Huylenbroeck and Debergh, 1996). The process of acclimatization is important for all types grown *in vitro* to ensure survival sufficient number of plants survives and grows strongly when moved to the soil (Preece and Sutter ,1991). *Ex vitro* acclimatization was performed for plantlets with well-developed roots. Cotton plugs were removed off vessels and agar was removed by washing the roots gently under running tap water, plantlets were transferred to sterilized plastic cups (5×5 cm) containing sterilized growing medium mixtures of peatmoss and perlite at (1:1, v/v) and adapted to growth chamber conditions by gradual exposure to reduced relative humidity by covered by perforated plastic bags, Each cup were irrigated with distilled water every 2 days for 4 weeks. keep the potted plantlets in growth chamber for 4 weeks and later transferred to normal GH (33 \pm 1°C) conditions 4 weeks and the survival percentage was recorded (George *et al.*, 2008).

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Successful acclimatization of regenerated plants in greenhouse on potting mixture was reported. Various cultivars reported to growth well in pots containing soil-less medium of vermiculite, peat, perlite or compost and other on salt: sand soil.

Rooted shoots were successfully re-established in soil under controlled conditions in most studies: For example, *in vitro* rooted *Senecio macrophyllus* plantlets were obtained after four weeks of cultivation on the rooting medium. The author reported 92% survival (Trejgell *et al.*, 2010).

(Goel *et al.*, 2009; Lal and Singh, 2010) were record about the success of acclimatization and transfer to open field of both *Peganum harmala* and *Celastrus paniculatus* respectively. Moreover, completely rooted resulting from the multiplication of *Albizia lebbeck* were successfully adapted in vessels containing a mixture of sterile soil and sand (1:1) with a survival rate of 60% under open field conditions (Yadav and Singh, 2011).

Rooted plantlets of *Teucrium stocksianum* were successfully acclimatized, with a survival rate of 75–80% (Bouhouche and Ksiksi, 2007). While for *Arbutus andrachne* acclimatization was successful, with a survival rate of 80% (Mostafa *et al.*, 2010). Al Qudah *et al.*, (2011) reported that, rooted plants of *Teucrium polium* were successfully acclimatized, with 75% survival and grown in the greenhouse. In addition, Arikat, *et al.*, (2004) obtained 80% survival of acclimatized *Salvia officinalis* plantlets. While *Capparis spinosa* acclimatization was successful, with a survival rate of 63% (Musallam *et al.*, 2011). The best result achieved of *Achillea filipendulina* were survival rate about 90% after roots successful acclimatized (Evenor and Reuveni, 2004).

Conclusion:

Medicinal plants are potential renewable natural resources and are play a beneficial role in human health care. The medicinal value of these plants contains phytochemicals such as glycosides, alkaloids, volatile oils, flavonoids, tannins, terpenoids, saponins, fatty acid and phenolic compounds as a secondary metabolites. Legislations has failed to stop the indiscriminate harvesting of the plants as the trade is the major source of livelihood for an estimated one million people, mostly the rural poor. In recent years, the requirement for medicinal plants has increased dramatically, which leads to a shortage and depletion of natural resources in the wild. To compensate for this loss, we must use plant tissue culture for the propagation in *vitro*. A huge number of medicinal plants of high economic value and their metabolites have been produced by *in vitro* techniques in a short duration of time compared to conventional approaches.

In conclusion, this study could be the beginning of the road for researchers who have a desire to learn more about the *in vitro* propagation of medicinal plants. *In vitro* cultures allow conservation of rare and endangered plant.



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